



seniors in the
knowledge
society



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Lifelong Learning Programme

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Bilateral Meeting in Bergen, Norway, June 10th - 15th 2013

Report with program and minutes included

Participants: Mag. Dr. Rosemarie Kurz (Austrian SeniorsKS Coordinator)

Ms. Barbara Amreich - learner

Representing Department for Intergenerational Issues

Austrian Students Union Karl-Franzens-Universität, Graz

and

Liv R. L. Løvby (Norwegian SeniorsKS Coordinator)

Terje Løvby

Representing Seniornett Norway. HQ in Oslo, and

Landåstorget Seniornet Club, Bergen

and 20 members / "learners" from Landåstorget Seniornett Club in Bergen

Our visitors arrived very late on Monday June 10th so part of June 11th was used for a late breakfast, followed by some program orientation for the visit and information about local transportation and communication facilities' etc. as private accommodation was provided, The rest of the first day was spent sightseeing.

June 12th 2013

This was our formal meeting day when Mag. Dr. Rosemarie Kurz held an interesting and very well received lecture titled: "**E-Inclusion for Seniors**" in which she both addressed EUs concern about seniors not being able to participate in the ICT development in societies and the fact that the senior part of the population grow in numbers; - while at the same time major parts of the senior populations are staying healthier longer, being wealthier (representing an attractive market), self sufficient and gaining both a longer life expectancy and ability to stay in work longer.

Dr. Kurz gave a series of examples where IT usage and inventions, and government stimulus for usage; could both cut societies communication costs as well as stimulate seniors to lead a more informed and productive life long into their senior years.

Her information about EU extending the "**Third age**" middle age to cover the post-65 age group while the "**Fourth age**" includes frail older senior citizens stimulated positive and active discussion among the participants (age 65- 88) after her lecture.

Landåstorget Seniornet Club "Head teacher", Terje Løvby, gave a presentation demonstrating our teaching methods (having at least 1 senior professional IT teacher per 8. learners) as well as our documentation standard, where any lecture is supplemented with detailed "step-by-step" hand out documentation in full color.

(In order to make it more recognizable to seniors while practicing on PCs at home)

The standard baseline is that the members/participants shall be able to repeat all required actions on their PCs at home for the usage procedures they want to learn to apply without any outside help.

Being the last meeting before summer recess the topic was transferring photos from camera to PC and using software to resize, name and organize photo files on PC's (Which we had deemed to be a "crowd pleaser"; - proved right, as we mustered 20 participants to an indoor meeting on a beautiful summer day).

The rest of that day was spent sightseeing in downtown Bergen; with one of the clubs German born (and professional guides !) in charge.

We had to swap the Thursday June 13th and Friday 14th planned program to facilitate a full day "Norway in a nutshell" trip (The most famous tourist trip in our country) for our 2 visitors.

Having the two Austrian Representatives staying in private accommodation in our house there was lots of time provided to present and discuss fact and figures, nature and people, and the history of our respective countries as well as topics related to our work and experiences in the SeniorsKS partnership.

On Friday 14th we made excursions by boat and car in the larger Bergen area presenting commerce, industry, shipping, government and military institutions, as well as famous tourism establishments, in our home area.

We closed up the visit with a private dinner held by one of our learners who later would attend the last SeniorsKS meeting in Graz and the cuisine served was local Norwegian traditional dishes.



Mag. Dr. Rosemarie Kurz receives a small "Thank You token" from Liv R. L. Løvby after her lecture.



The audience had lots of questions and positive comments for Dr. Rosemarie Kurz after her lecture.

The 2. lecture that day was given by the clubs Head teacher.
The audience counted 22 participants during these lectures.



Dr. Rosemarie Kurz also had the opportunity to meet the clubs top member and learner Lilly J. Gerdt during her visit to the Seniornett club.

Lilly has problems with her legs and is also severely visually impaired (at close range !). She is 88 years of age. Even so; - she is extremely eager to learn, utilizing all technical aids available to her and using her PC close to every day.

Our Lilly is definitely the "Top Gun" in Landåstorget Seniornett club.